

# Children's Academy Early Learning Center

Office 812-542-5506  
Transportation 812-542-4707



## EVENTS

- May 4: Super Hero Lunch
- May 9: Muffins 4 Mom
- May 15: Bouncy House Fun
- May 23: Last Preschool Day

### Muffins 4 Mom

(or another important female in your child's life)

Tuesday May 9

10:45 a.m. classes

2:30 p.m. classes

RSVP due before April  
27th



## Help Needed



We are looking for volunteers to continue our Box Top Program . Karen has retired after 16 years of helping us. She will be spend more time with her grandchildren.

This is a great job to volunteer for. It is easy and doesn't take much time and is very important to the school.

Collecting Box Tops is our only building fundraiser. Box Tops raises funds for the children's books, events, Aquarium supplies, classroom supplies and so much more.

It is an easy job and can be done, mostly on your schedule. This is an important job and a very easy job with great benefits to our school

Please contact Melissa Martin at the school office for more information. 812-542-5506

## Mrs. Schultze's Corner

Is your child getting enough sleep at night? New research says that children should sleep 10 to 12 hours a night. Getting enough sleep helps your child stay healthy, grow and do well in school. Sticking to a nightly routine helps to get children relaxed and ready for bedtime. For many children taking a bath and brushing their teeth followed by listening to a few stories is a calming routine. Repeat that routine every night. Children do well when they can follow a routine and they know what will happen next. Research shows that watching television or playing video games before bed winds children UP and keeps them from falling to sleep. If everyone is quietly reading or doing quiet activities before bed you will have a greater chance of a restful night of sleep. Singing lullabies quietly as you snuggle your child into bed can be soothing as well. Take care of you and be sure that you are getting enough sleep too!

Dress up as your favorite Super Hero



### Super Hero Lunch

- Captain America Fried Chicken
- Batman Baked Beans
- Cat Woman Coleslaw
- Green Arrow Apple Slices
- Wonder Roll
- Marvel Milk



May 4th

"Play is often talked about as if it were a relief from serious learning. But for children, play is serious learning. Play is really the work of childhood."

- Fred Rogers



More great quotes at [supersimplelearning.com](http://supersimplelearning.com)

Visit local parks and playgrounds. Take your Preschooler to a different playgrounds to play on the different equipment and meet new friends.



# MenuMAY

May 1, 2017



Banana Bread  
100% Fruit Juice  
Low Fat Milk

Biscuit Sandwich  
Orange Wedges  
Low Fat Milk

Yogurt & Muffin  
100% Fruit Juice  
Low Fat Milk

Sausage Gravy Biscuit  
Peaches  
Low Fat Milk

Salisbury Steak  
Mashed Potato and Gravy  
Green Beans  
Pineapple tidbits  
Low Fat Milk

Cheese Pizza  
Sweet Potato Fries  
Broccoli Florets  
Banana  
Low Fat Milk

Fish Nuggets  
Mac & Cheese  
Peas & Carrots  
Peaches  
Low Fat Milk

Oven Fried Chicken  
Baked Beans  
Coleslaw  
Fresh Apple Slices  
Low Fat Milk

**On Track To KINDERGARTEN**

**Question of the Week:**  
Have you ever flown in an airplane?  
\_\_ Yes \_\_ No

**April - Week 4**

♪ Sing OLD McDONALD. ♪

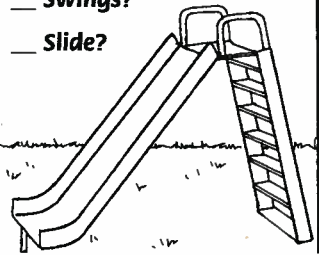
Show how you look when you feel:

- \_ Sad
- \_ Happy
- \_ Angry
- \_ Afraid
- \_ Sleepy
- \_ Surprised
- \_ Worried



Visit a playground. Did you go on the:

- \_ Monkey bars?
- \_ Swings?
- \_ Slide?



Have someone read to you.

Draw a picture of a rainy day. Tell another person about it.



Child's Name \_\_\_\_\_ Parent's Name \_\_\_\_\_